



# 2025 RACE DAY GUIDE

**OCTOBER 4, 2025 | SAM HOUSTON PARK**

## KOMEN HOUSTON IS CELEBRATING 35 YEARS!

The Race for the Cure raises money for our mission to save lives by meeting the most critical needs in our communities and investing in breakthrough research to prevent and cure breast cancer. **Please consider commemorating Komen's 35th year with a \$35 donation to increase your impact!**

## GETTING TO THE RACE

The Houston Race for the Cure route is located adjacent to the beautiful Buffalo Bayou on Allen Parkway. Allow ample time for possible traffic delays and parking entrance lines in the area due to the high volume of vehicles headed downtown. **Please note that Allen Parkway will be closed early Saturday morning.**

## RACE DAY SCHEDULE

Local Presenting Sponsor



**6:15am** – Site and on-site registration opens

**7:00am** – Survivors and those living with MBC meet at Hope Village for IHOP breakfast

**7:30 am** – Opening Ceremonies with Memorial Birds Release

**8:00am** – Competitive (timed) 5K Begins  
Followed by:  
Non-Competitive 5K  
Family Walk/Kids K

**9:30am** – Runners Award Ceremony Survivor Celebration at Sam Houston Park

## COMPETITIVE/ NON-COMPETITIVE RUNNERS

The Start Line is located on the Southbound lanes of Allen Parkway. The 5K Competitive timed runners will receive a white bib number along with a timing chip. Timed runners are encouraged to line up as early as possible in the designated area. Runners at the back of the line may experience congestion.

## FAMILY/KIDS 1K WALK

Participants interested in the Family Walk will begin at the Start Line and turn at Taft Street to head to Finish Line. Please follow the signs to line up in the designated area no later than 8:10am. **Children** will receive a non-competitive race medal generously sponsored by **NOV**.

## RUNNER AWARDS

Awards will be given for Competitive 5K runners: Top 3 Overall Male/Female 5K Finishers, Top 3 Male/Female in each 5K Age Group

### List of Age Groups

10 & Under, 11-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

**Results** are based on chip time.

All timed participants will receive an individual results page complete with your results, pace breakdown, a finisher certificate & a 20 second video of you crossing the start & finish line!

**Awards** may be claimed around 9:30am at the Main Stage of Sam Houston Park/1000 Bagby Street.

## RACE BIBS

White..... Competitive 5k Run  
Purple ..... Non-Competitive 5k & Family Walk  
Pink ..... Survivors & Living w/ MBC

## PARKING LOCATIONS

The preferred parking garages for the Komen Houston Race for the Cure are below.

### Heritage Clay Garage

1200 Bagby St, 77002 (\$20/day)

### Allen Center Garage

300 Clay St, 77002 (\$10/hr)

### Other Area Lots

401 W Dallas St \$20/day

1200 Bagby St \$20/day

300 Clay St \$10/hour

611 Clay St \$10/hour

511 Rusk St \$18/day

811 Louisiana St \$7/hr to \$35/day

1225 Louisiana St \$20/day

1311 Louisiana St \$10/day

1643 Memorial Dr (Lot H) \$12/day

1500 Memorial Dr (Lot C) \$10/day

@susangkomen

#ONEkomen

#racefortheCure

## RACE ROUTE

MAP PRESENTED BY



## POST RACE CELEBRATION

Fun for the whole family! Visit the Post Race Celebration (Sam Houston Park) located at 1000 Bagby Street for pre and post-event activities. Families can enjoy the Kids Korral with face painting and more. Participants can enjoy food from our food trucks and fun throughout the park and race route.

## GET SOCIAL

- Join our Facebook Group  
<https://www.facebook.com/groups/KomenHoustonMoreThanPink>
- Tag @susangkomen
- Hashtag #raceforthe cure #ONEkomen
- Get featured on  
<https://www.komen.org/how-to-help/attend-events/race-for-the-cure/photo-wall/>

## REMEMBER

- NO PETS ALLOWED
- The Race will be held rain or shine.

- Pin your Race number on the FRONT of your shirt. The number must be visible. This is your ticket to participate.
- All maps are available at  
[komen.org/houstonrace](http://komen.org/houstonrace)

## HOPE VILLAGE

Hope Village is a reserved area for breast cancer survivors and those living with Metastatic Breast Cancer (MBC). These special participants can gather, enjoy breakfast and socialize.

Gift Bags for survivors and individuals living with MBC are available on a first come, first served basis.

## WE REMEMBER TENT

The We Remember Tent is a reflective atmosphere for participants to step away from the excitement of the main event and take a moment to honor loved ones who have been lost to breast cancer. Participants are invited to walk through the tent and hang a photo or write a message remembering their loved one. *Don't forget*

*to bring a photo of your loved one from home to share!*

## INFORMATION/LOST & FOUND

Information Tents are located at:

- Corner of Bagby Street and Allen Parkway.
- Corner of Bagby Street and McKinney Street.

Lost & found items will be at the Headquarters tent, located inside the park.

## MEDICAL ASSISTANCE

Medical Stations are set up on Allen Parkway if you need medical assistance. Medical personnel are also at each water station. *In case of emergency, please call 911.*

## PREFERRED HOTEL

C Baldwin Hotel  
400 Dallas Street  
Houston, TX 77002

For more information, please visit  
[www.komen.org/houstonrace](http://www.komen.org/houstonrace)