

susan G. Komen

race
FOR THE
cure®



RACE DAY GUIDE

OCTOBER 7, 2023 | DOWNTOWN HOUSTON

GETTING TO THE RACE

The Houston Race for the Cure route is located adjacent to the beautiful Buffalo Bayou on Allen Parkway. Allow ample time for possible traffic delays and parking entrance lines in the area due to the high volume of vehicles headed downtown.

Please note that Allen Parkway will be closed early Saturday morning.

RACE DAY SCHEDULE

Local Presenting Sponsor



6:00am - Race Day Registration/
Pre-Registration Packet
Pick Up Opens
Race Site Opens
Sam Houston Park Opens
(1000 Bagby Street)

6:30am - Hope Village Opens

7:15am - Proceed to Start Line

7:45am - Opening Ceremonies
Memorial Birds Release

8:00am - Competitive 5K Begins
Rolling starts for
Non-Competitive 5K
Family Walk/Kids K
5K Walk

8:30am - Race Day Registration
Closes

9:30am - Runners Award Ceremony
Survivor Celebration at
Sam Houston Park

COMPETITIVE/ NON-COMPETITIVE RUNNERS

The Start Line is located on the Southbound lanes of Allen Parkway. The 5K Competitive timed runners will receive a blue bib number along with a timing chip. Timed runners are encouraged to line up as early as possible in the designated area. Runners at the back of the line may experience congestion.

FAMILY/KIDS 1K WALK

Participants interested in the Family Walk will begin at the Start Line and turn at Taft Street to head to Finish Line. Please follow the signs to line up in the designated area no later than 8:10am. Children will receive a Race medal generously sponsored by NOV.

5K WALK

The Start Line is on Allen Parkway east of Taft Street, between the over pass of I-45 and Taft. Please follow the signs to line up in the designated area.

RUNNER AWARDS

Awards will be given for Competitive 5K runners: Overall Male, Overall Female, 1st, 2nd, 3rd Survivors (Female and Male), 1st, 2nd, 3rd Living with MBC (Female and Male). Results are based on chip time. Awards may be claimed around 9:30am at the Main Stage of Sam Houston Park/1000 Bagby Street.

RACE BIBS

Orange..... Walk
Blue..... Competitive Run
Green..... Non-Competitive Run
Yellow..... Family/Kids Walk
Pink Stripe..... Survivors
Blue Stripe..... Living w/Metastatic
Breast Cancer
Yellow Stripe..... Top 100 Fundraisers

PARKING LOCATIONS

The preferred parking garages for the Komen Houston Race for the Cure are: **SP+ Parking:**

Heritage Clay Garage
1200 Bagby St, 77002

Allen Center Garage
(Red Section)
300 Clay St., 77002

The MET
340 W Dallas, 77002

REMEMBER

- If you do not feel well, for the safety of participants, staff and volunteers, please return home and join us virtually!
- If you would like a mask, please pick one up at the Headquarters tent!
- NO PETS ALLOWED
- The Race will be held rain or shine.
- Pin your Race number on the FRONT of your shirt. The number must be visible. This is your ticket to participate.
- All maps are available at [komen.org/houstonrace](https://www.komen.org/houstonrace)

@susangkomen

#ONEkomen

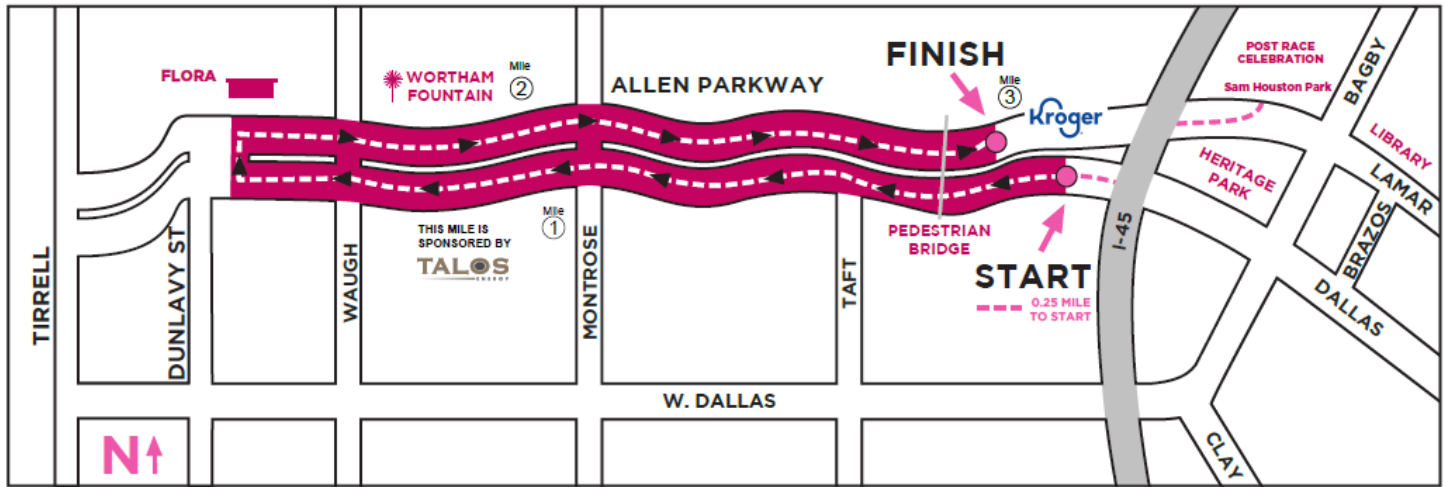
#raceforthe cure

RACE ROUTE

MAP PRESENTED BY



Greenwich
LifeSciences



5 kilometers
Map not to scale

POST RACE CELEBRATION

Fun for the whole family! Visit the Post Race Celebration (Sam Houston Park) located at 1000 Bagby Street for pre and post-event activities. Warm up for the Race with **Fitness Project**, Houston will guide participants in a fun warm up for the Race. Stop by the **IHOP** tent for breakfast bites. Enjoy milk from Oak Farms Dairy. Families can enjoy the Kids Korral with face painting and more. Participants can enjoy food and fun throughout the park and race route, while visiting sponsor tents and grab exciting giveaways.

GET SOCIAL

- Join our Facebook Group <https://www.facebook.com/groups/KomenHoustonMoreThanPink>
- Tag @susangkomen
- Hashtag #raceforthe cure #ONEkomen
- Get featured on <https://www.komen.org/how-to-help/attend-events/race-for-the-cure/photo-wall/>

HOPE VILLAGE

Hope Village is a reserved area for breast cancer survivors and those living with Metastatic Breast Cancer (MBC). These special participants can gather, enjoy breakfast and socialize.

Gift Bags for survivors and individuals living with MBC are available on a first come, first serve basis.

All survivors please meet in Hope Village at 10:00 am to be honored in the Pathway of Hope during the Post Race Celebration.

WE REMEMBER TENT

The We Remember Tent is a reflective atmosphere for participants to step away from the excitement of the main event and take a moment to honor loved ones who have been lost to breast cancer. Participants are invited to walk through the tent and hang a photo or write a message remembering their loved one.

Don't forget to bring a photo of your loved one from home to share!

INFORMATION/LOST & FOUND

Information Tents are located at:

- Corner of Bagby Street and Allen Parkway.
- Allen Parkway underneath the I-45 underpass.

Lost & found items will be at the Headquarters tent, located just inside the entrance to Sam Houston Park.

MEDICAL ASSISTANCE

Medical Stations are set up on Allen Parkway if you need medical assistance. *In case of emergency, please call 911.*

PREFERRED HOTEL

C Baldwin Hotel
400 Dallas Street
Houston, TX 77002

Call 713.759.0202 and request the Susan G. Komen room block.

For more information, please visit www.komen.org/houstonrace

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