

## New Jersey MORE THAN PINK Walk's ONE COMMUNITY EXPERIENCE

Join us by engaging in all of these fun activities, with, around, or in our community!

And don't forget to capture every ONE of those moments & share on social using #ONEkomen.

1. Print this list or save it on your phone to keep it handy & check off each activity as you engage

(refer to your pre-event email for further details)

& share your pic on social!

- 2. Make your way through the list freely and at your own pace
- 3. Share photos of you creating your ONE community moments along the way on social and with your friends & family using #ONEkomen

|   | Share Why You Walk  |                  |
|---|---|------------------|
|   | Share why you walk with those around you, inspired by the stories you can listen to in the ONE Audio Exper  | rience           |
|   | Find Something Pink!  |                  |
|   | Take in your surroundings as you search for something pink! Snap a pic and share it on social using #ONEkom   | nen              |
|   | Take Action! Brought to you by Action Pillar Sponsor: Johnson & Johnson   |                  |
|   | Text 40649 to use your voice for the Breast Cancer Bill of Rights and sign our petition today. Share your action on social to encourage your friends & family to take action as well!     |                  |
|   | Chalk Your Walk brought to you by Care Pillar Sponsor: Abbvie Thinks Pink   |                  |
|   | Share supportive messages in your driveway / in front of your home for other walkers to see as they walk by   |                  |
|   | Send a Virtual High Five! Brought to you by Community Sponsor: BD   |                  |
|   | Text or call a member of your ONE Community to give them a "virtual high five!" and   |                  |
|   | Visit The Arch at Six Flags Great Adventure or Mark the Start of Walk Where You Are Snap a picture of yourself in front of the Arch at Six Flags or at the Start of Walking Where You Are |                  |
|   | Grab a Snack and Stay Healthy with Diamond Sponsor: ShopRite  |                  |
|   | Refuel and grab a snack from ShopRite at Six Flags or <u>click here</u> for some healthy tips from a dietician.   |                  |
|   | Find Hope brought to you by RWJBarnabas Health & Rutgers CINJ   |                  |
|   | Calling all survivors! Stop by Hope Village at Six Flags for some swag or <u>learn about NCI-designated cancer</u> centers  |                  |
|   | Become a Mission Expert by Research Pillar Sponsor: Hackensack Meridian Halth   |                  |
|   | Download the MTPW App. Earn your mission badges. Learn how your fundraising makes an impact starting with our first pillar, Research, and moving through Care, Community, and Action.     |                  |
|   | Visit the We Remember Tent  |                  |
|   | Take a moment of reflection in the We Remember Tent at Six Flags. Bring a photo   |                  |
|   | or write a note remembering those we've lost or post on social media.   | Visit t<br>Photo |
| Ш | Share Your Finish Line Moment Engage with our Finish Line Moment experience   |                  |

Visit the ONE Photo Mosaic!

