

San Francisco Bay Area's ONE Community Experience

Join us by engaging in all of these fun activities, with, around, or in our community!
And don't forget to capture every ONE of those moments & share on social using #ONEkomen.

1. Print this list or save it on your phone to keep it handy & check off each activity as you engage

2. Make your way through the list freely and at your own pace

3. Share photos of you creating your ONE community moments along the way on social and with your friends & family using #ONEkomen

Share Why You Walk

Share why you walk with those around you, inspired by the stories you can listen to in the ONE Audio Experience

Find Something Pink!

Take in your surroundings as you search for something pink! Snap a pic and share it on social using #ONEkomen

Chalk Your Walk

Chalk supportive messages on your driveway, in front of your home or along the walk route at the zoo

Send a Virtual High Five!

Text or call a member of your ONE Community to give them a "virtual high five"!

Sponsorship Activation: DigniCap

Take a photo wearing your favorite cap and share it in our Facebook Group

Snap & share a photo with your favorite animal today

Whether you share a pet pic, pose with a favorite stuffed animal, or find the zebras at the zoo we want to see them all! Share your photo in our local Facebook Group.

Remember Locally

Share "Why you Walk" on our local Padlet forum and let's build a beautiful mission wall together: <https://bit.ly/3zXphRk>

Pink Ribbon Count

Count how many Pink Ribbons you see today and tell us how many you find. You might be surprised how many you see when you're looking for them.

Flamingo Photo Op

Whether you are walking in your neighborhood or at the zoo try to find a flamingo photo op and share with us in our Facebook Group

Find Your Number

How many years have you walked with Komen? Find that number along your walk route, snap a pic and share it with our ONE Community in the Facebook Group. Bragging rights for the most amount years!

Act of Kindness

Perform at least ONE act of kindness and keep it close to your heart. No sharing - just cap the day extending kindness and celebrate what we've accomplished together.

Visit the ONE
Photo Mosaic!

