### Fajita Pasta Salad

Difficulty: Easy

Prep Time: 1 hr, 20 min Cook Time: 30 minutes

- 1 pound Simple Truth Organic<sup>™</sup> Chicken Breast
- 1/2 teaspoon salt, plus more for seasoning chicken
- 1 lime, divided
- 2 tablespoons Simple Truth Organic<sup>™</sup> Olive Oil
- Simple Truth Organic<sup>™</sup> Mexican Style Al Pastor Seasoning Rub
- 1 box (16oz.) Simple Truth Organic™ Penne Rigate
- 1 bag (12oz.) Simple Truth Organic<sup>™</sup> Frozen Corn
- 1 can (15oz.) Simple Truth Organic<sup>™</sup> Pinto Beans
- 1 pint cherry tomatoes, halved
- 3 green onions, finely chopped
- 1/2 cup Simple Truth Organic™ Plain Greek Nonfat Yogurt
- 1 avocado, cubed, divided
- 1 bunch cilantro
- 1/4 teaspoon cumin



- 1. Season chicken with salt. Liberally sprinkle rub on all sides of chicken. Place inside large, zip-top bag. Use meat mallet or rolling pin to pound chicken to uniform thickness of about 1/4".
- 2. Squeeze juice of ½ lime into bag. Add oil. Seal bag; massage liquid into meat. Let marinate in refrigerator at least 1 hour, or overnight.
- 3. Heat grill to medium-high heat. Discard marinade. Grill chicken approximately 6 minutes per side, ensuring a safe internal temperature of 165°F. Chop chicken into bite-size pieces. Set aside; keep warm.
- 4. Meanwhile, prepare pasta according to package directions; drain. Immediately add frozen corn. In pasta pot, stir together pasta, corn, beans, tomatoes and onions.
- 5. In a blender, blend together yogurt, ½ avocado, cilantro, ½ teaspoon salt, cumin and juice of remaining ½ lime until completely smooth.
- 6. Gently heat pasta mixture until warm. Remove from heat and transfer to serving bowl. Add chicken. Toss with dressing. Top with remaining ½ avocado. Refrigerate leftovers.





#### **Baked Two Cheese Bow Tie Pasta**

Serves: 4

Difficulty: Easy

Prep Time: 10 minutes Cook Time: 30 minutes

# Ingredients:

- 8 ounces bow tie pasta
- 1 tablespoon Simple Truth Organic<sup>™</sup> Italian Extra Virgin Olive Oil
- 1 teaspoon garlic, minced
- 2 cans (14.5 oz.) whole tomatoes in tomato puree, undrained
- 1/2 teaspoon Simple Truth Organic™ Oregano
- 1 teaspoon Simple Truth Organic™ **Granulated Sugar**
- · Coarse salt, to taste
- Freshly ground pepper, to taste
- 2 cups shredded mozzarella cheese. divided
- Simple Truth Organic<sup>™</sup> Extra Virgin Olive Oil Cooking Spray
- 1/2 cup shredded Parmesan cheese



- Preheat oven to 400°F.
- 2. Cook pasta in a large pot of boiling salted water until cooked but still firm to bite. Drain and set aside.
- 3. In a large saucepan, heat oil over medium heat. Sauté garlic for a minute; add tomatoes, oregano and sugar. Bring sauce mixture to a boil, reduce to a simmer until slightly thickened, 6 to 7 minutes. Season generously with salt and pepper.
- 4. Add the pasta to the saucepan, add half of the mozzarella and toss to combine. Transfer to 8" x 8" baking dish coated with cooking spray and top with the remaining mozzarella and Parmesan. Bake until bubbly and the top is golden, 10-15 minutes.





### **Caramel Apple Crumb Pie Bites**

These little apple crumble pies are perfect for snacking, or as a sweet nibble after a big meal.

Serves: 24

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Hands-on: 15 minutes

Difficulty: Easy

Total Time: 35 minutes



# Ingredients:

- 1 package (14 oz.) refrigerated pie crusts
- 1 large Simple Truth Organic™
   Granny Smith Apple, peeled, cored,
   and chopped
- 2 Tbsp. Private Selection™ Sea Salt
   Caramel Dessert Topping
- 1/2 tsp. ground cinnamon
- 1/4 cup all-purpose flour
- 1/4 cup sugar
- 2 Tbsp. unsalted butter,
- cut into 8 cubes

- 1. Preheat oven to 350°F and lightly spray 24 mini muffin cups with nonstick cooking spray.
- 2. Roll pie crusts out onto a lightly floured surface and cut 12 circles (3 inches in diameter each) from each crust. Press the circles into the prepared mini muffin cups. Set aside.
- 3. In a small bowl combine apple, caramel topping, and cinnamon. Stir well to combine, then divide the mixture among the 24 pastry cups.
- 4. In a medium bowl combine flour, sugar, and butter. With your fingers, rub butter into flour mixture until it is crumbly. Divide crumble topping evenly among the muffin cups.
- 5. Bake for 8 to 10 minutes until topping is golden and apples are tender. Cool for 10 minutes before removing pies from the pan.





#### Vegetarian Quinoa & Bean Chili

This hearty chili is delicious and filling. Serve warm with toppings like diced avocado, cheese or crushed tortilla chips.

# Ingredients:

- 1 tablespoon Simple Truth Organic® Extra Virgin Olive Oil
- 1/3 cup Simple Truth Organic® Sweet Corn, drained
- 1/2 teaspoon Simple Truth Organic® Oregano Leaves
- 1 cup Simple Truth Organic® Vegetable Broth
- 1 (15 oz.) can Simple Truth Organic® Great Northern Beans, drained
- 1 medium onion, diced
- 2 garlic cloves, minced
- 1 red bell pepper, chopped
- 2 tablespoons chili powder
- 1 teaspoon cocoa powder
- 1/2 teaspoon Simple Truth Organic® Ground Saigon Cinnamon
- 1/2 teaspoon salt
- 1/4 cup Simple Truth Organic® Quinoa
- 1 (15 oz.) can Simple Truth Organic® Diced Tomatoes in Tomato Juice
- 1 (15 oz.) cans Simple Truth Organic® Red Kidney Beans, drained



- In a medium pot or Dutch oven, heat oil over medium heat.

  Add onion and sauté for about seven minutes.
- Add garlic, pepper, corn, chili powder, cocoa, cinnamon, oregano and salt and sauté for another minute. Add quinoa, broth, tomatoes with juice and beans.
- 3. Bring to a full boil, reduce heat to low, and simmer (covered) for an hour





### **Strawberry French Toast Bake**

This fun and lighter take on classic French toast gets more than enough sweetness from maple syrup and juicy strawberries - no additional sugar needed!

Difficulty: Easy

Prep Time: 8 hr, 30 min Cook Time: 1 hour



- 1 Simple Truth™ Artisan Baquette
- 4 cups Simple Truth Organic<sup>™</sup> Frozen Whole Strawberries
- 7 large Simple Truth™ Eggs
- 2 cups Simple Truth Organic<sup>™</sup> Whole Milk
- 1 teaspoon Simple Truth Organic™ Ground Saigon Cinnamon
- 11/2 teaspoons Simple Truth Organic™ Madagascar Vanilla Extract, divided
- 1 lemon, zested and juiced
- 1/4 cup Simple Truth Organic™ Maple Syrup, plus more for serving



- 1. Grease 9"x13" baking dish. Cut bread into 1" squares.
- 2. Over bottom of baking dish, evenly spread bread squares. Let sit, uncovered, overnight to dry out. Meanwhile, place strawberries in refrigerator to thaw overnight.

CELEBRATE

ONE THURSDAY

- 3. Preheat oven to 375°F. Slice strawberries.
- 4. In small bowl, whisk together eggs, milk, cinnamon and 3/4 teaspoon vanilla until well combined. Pour over bread; press down to saturate every piece.
- 5. In small saucepan over medium-low heat, combine strawberries, lemon zest and juice, 1/4 cup maple syrup and remaining 3/4 teaspoon vanilla. Cook about 10 minutes, stirring occasionally, until strawberries begin to break down. Pour mixture over soaked bread.
- 6. Bake, uncovered, 1 hour. If French toast wobbles when shaken, continue cooking 10 more minutes
- 7. Let sit 10 minutes before serving. Serve with maple syrup.





#### Garden Fresh Chicken Cobb Salad

Serves: 4

Difficulty: Easy

Prep Time: 10 minutes Cook Time: 30 minutes

# CELEBRATE ONE THURSDAY

# Ingredients:

- 8 ounces Simple Truth<sup>™</sup> Flame Grilled Chicken Strips
- 4 Simple Truth<sup>™</sup> Natural Cage Free Grain Fed Large Brown Eggs Grade A, hardboiled
- 4 slices Simple Truth<sup>™</sup> Uncured Hickory Smoked Bacon, cut into 1" pieces
- 2 teaspoons Dijon mustard
- 2 tablespoons white wine vinegar
- 1 shallot, finely chopped
- · Coarse salt, to taste
- Freshly ground pepper, to taste
- 1/2 cup olive oil
- 2 heads Simple Truth Organic<sup>™</sup> Romaine Lettuce, torn
- 1 cup cherry tomatoes, halved
- 1/2 cup crumbled blue cheese
- 1 avocado, halved, pitted and thinly sliced

- 1. Preheat oven to 350°F. Bake chicken strips for 10 minutes.
- 2. In medium skillet, cook bacon over medium-high heat until crisp, 5-8 minutes. Drain on a paper towel-lined plate.
- 3. In small bowl, combine mustard and vinegar. Add shallot, salt and pepper and olive oil. Mix well
- 4. Spread lettuce on plates and arrange chicken, tomatoes, cheese, avocado and egg in rows across lettuce. Serve with salad dressing on the side.



