susan G. komen
race FOR THE **cure.**

CHARLOTTE'S ONE COMMUNITY EXPERIENCE

Join us by engaging in all of these fun activities, with, around, or in our community!
And don't forget to capture every ONE of those moments & share on social using #ONEkomen.

1. Print this list or save it on your phone to keep it handy & check off each activity as you engage

2. Make your way through the list freely and at your own pace

3. Share photos of you creating your ONE community moments along the way on social and with your friends & family using #ONEkomen

☐ **Share Why You Race**
Share what the Komen mission means to you and why you're Racing in our Facebook Group (www.facebook.com/groups/charlotteraceforthecure).

☐ **Find Something Pink!**
Take in your surroundings as you search for something pink! Snap a pic and share it on social media using #ONEkomen.

☐ **Take Action!**
Text 40649 to use your voice for the Breast Cancer Bill of Rights and sign our petition today and share your action on social to encourage your friends & family to take action as well!

☐ **Show Your Spirit**
Share a photo of yourself decked out in your favorite Komen swag and best pink outfit in our Facebook Group with the hashtag #ONEkomen.

☐ **Send a Virtual High Five!**
Text or call a member of your ONE Community that has donated to your fundraiser to thank them and give a "virtual high five"!

☐ **Visit a Local Landmark**
Visit a monument or popular spot in your community and share where you're celebrating our 25th anniversary!

☐ **Act of Kindness**
Perform at least ONE act of kindness and keep it close to your heart. No sharing – just cap the day extending kindness and celebrate what we've accomplished together.

☐ **Tune into the ONE Audio Experience**
Hear stories of inspiration from the Komen community to get you ready to Race!

☐ **Attend a Pink Pathway**
Visit the event website to see where designated Pink Pathways are being hosted in your community!

☐ **Share Your Finish Line Moment**
Engage with our Finish Line Moment experience (refer to your pre-event email for further details) & share your pic on social!

Visit the ONE Photo Mosaic!